

Dear Rugiero family and Casino Royale sponsors,

In the face of numerous challenges, 2021/2022 was a strong year for the Michigan diabetes program in the Division of Metabolism, Endocrinology & Diabetes (MEND). Our division saw more outpatients and inpatients than we have in our history.

We grew our faculty, developed new strategies to handle patient referrals, changed our inpatient hyperglycemia management program leadership team, expanded our practice for diabetes footcare with our on-site podiatry team, and opened a new service for Veterans. Simultaneously, we focused attention on physician burnout, which has become a significant problem after the more than years of COVID-19.



Peter Arvan, M.D., Ph.D.
William and Delores Brehm Professor of Diabetes Research
Chief, Division of Metabolism, Endocrinology & Diabetes

Moreover, our biomedical research into the causes of diabetes and its complications has never been stronger. Our research covers the spectrum from pancreatic islets cells that make insulin, glucagon, and related hormones, to the primary tissues that respond to these glucose-control signals, and how the brain controls not only our eating and physical activity, but also contributes to regulating blood glucose itself. Our studies of diabetes complications include diabetic eye disease, kidney injury, heart disease, fatty liver disease, and vascular disease covering multiple body organs. We have also made strides in understanding the costs of diabetes care, and disparities of care across the population of diabetes patients.

The Antonio Rugiero Diabetes Research Fund (ARDRF) continues to be a key partner in our mission to support research and education in diabetes discovery and treatment, and with the continued growth of our program, the ARDRF has taken on an increasingly important role in sustaining our program.

I will always be indebted to the Rugiero family and the Antonio Rugiero Diabetes Research Fund for its steadfast role as a supporter of the Michigan diabetes program in the Division of Metabolism, Endocrinology & Diabetes. Thanks to the Rugiero family and all the sponsors and co-sponsors who support us! We will never stop striving towards our goal of making life simpler, better, and easier for diabetes patients, which comes with research to find the therapies of the future. See you all at the Rugiero Casino Royale event later this year!

With best regards,

Peter Arvan, M.D., Ph.D.
Division Chief, Metabolism Endocrinology & Diabetes
